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Master of Science

Comparative Study of Stem Cell Conditioned Medium and  
Stromal Vascular Fraction in a Rat Model of Renal Ischemia-  
Reperfusion Injury

The Graduate School  
of the University of Ulsan  
Department of Medical Science

Yu Seon Kim

Comparative Study of Stem Cell Conditioned Medium and  
Stromal Vascular Fraction in a Rat Model of Renal Ischemia-  
Reperfusion Injury

Supervisor: Dalsan You

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by

Yu Seon Kim

Department of Medical Science

Ulsan, Korea

August 2022

Comparative Study of Stem Cell Conditioned Medium and  
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This certifies that the dissertation  
of Yu Seon Kim is approved.

\_\_\_\_\_  
Jungyo Suh .

Committee Chair M.D., M.S.

\_\_\_\_\_  
Nayoung Suh .

Committee Member Ph D.

\_\_\_\_\_  
Dalsan You .

Committee Member M.D., Ph D.

Department of Medical Science

Ulsan, Korea

August 2022

## 감사의 글

석사학위 논문이 완성되기까지 도움을 주신 많은 분들께 감사의 인사를 올립니다. 바쁘신 와중에도 귀한 시간을 내어 연구에 대해 따뜻한 격려와 조언을 주신 서준교 교수님, 서나영 교수님 그리고 많은 관심과 세심하고 힘있는 지도로 부족한 저를 따뜻하게 이끌어주신 유달산 교수님께 진심으로 감사 드립니다. 연구에 많은 도움과 지지를 주신 장명진 선생님, 김보현 선생님 모두 감사 드립니다.

## ABSTRACT

**Background:** Conditioned medium (CM) therapy is emerging to avoid various adverse effects of cell-based therapies. Several studies have focused on using stem cell-derived CM in the treatment of various acute kidney injury (AKI) models. However, few studies compare the effects of cell-based and CM therapies in AKI. Therefore, we compared the effects of autologous stromal vascular fraction (SVF) and adipose-derived stem cell (ADSC)-derived CM prepared using the three-dimensional spheroid culture system on the renal function of rats with renal ischemia-reperfusion injury (IRI)-induced AKI.

**Materials and Methods:** Fifty male Sprague Dawley rats were randomly divided into five groups: sham, nephrectomy control, IRI control, SVF, and ADSC-CM. The SVF and ADSC were isolated and cultured using each rat's paratesticular fat. The ADSC-CM was prepared using the three-dimensional spheroid culture system. Vehicle (IRI control), SVF, and ADSC-CM were injected into renal parenchyme. The renal function of the rats was evaluated 28 days before and 1, 2, 3, 4, 7, and 14 days after the surgical procedure. The rats were sacrificed 14 days after the surgical procedure, and kidney tissues were collected for histological examination.

**Results:** The renal parenchymal injection of ADSC-CM significantly reduced the serum blood urea nitrogen (BUN) level compared with the IRI control group on days 1, 2, 3, and 4 after IRI. The level of serum BUN was significantly lower in the ADSC-CM group than

in the SVF group on days 1 and 4 after IRI. The renal parenchymal injection of ADSC-CM significantly reduced the serum creatinine level compared with the IRI control group on days 1, 2, 3, and 4 after IRI. The serum creatinine level was significantly lower in the ADSC-CM group than in the SVF group 4 days after IRI. The renal parenchymal injection of ADSC-CM significantly increased the level of creatinine clearance (CrCl) compared with the IRI control group one day after IRI. The level of CrCl was significantly higher in the ADSC-CM group than in the SVF group one day after IRI. In addition, collagen content was significantly lower in the SVF and ADSC-CM groups than in the IRI control group in the cortex and medulla. Apoptosis was significantly decreased, and proliferation was significantly increased in the SVF and ADSC-CM groups compared to the IRI control group in the cortex and medulla. The expressions of anti-oxidative makers such as glutathione reductase and glutathione peroxidase were higher in the SVF and ADSC-CM groups than in the IRI control group in the cortex and medulla.

**Conclusions:** The renal function was effectively rescued through the renal parenchymal injection of ADSC-CM by the enhanced anti-fibrotic, anti-apoptotic and anti-oxidative effects. The ADSC-CM was superior to SVF in terms of serum BUN, creatinine, and CrCl in early phases after renal IRI, but the differences disappeared after seven days from IRI.

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## INTRODUCTION

Acute kidney injury (AKI) is an abrupt loss of kidney function that develops within 7 days.<sup>1)</sup> AKI incidence is approximately 5% to 20% in hospitalized patients and 20% to 50% in intensive care unit patients.<sup>2,3)</sup> Renal ischemia-reperfusion injury (IRI) is a leading cause of perioperative AKI.<sup>4)</sup> Renal IRI occurs in various clinical settings, such as major vascular, cardiac and hepatic surgeries, shock, sepsis, trauma, and kidney transplantation, because of an interruption of renal blood flow, followed by the subsequent reperfusion.<sup>4)</sup> In urologic practices, renal ischemia with reperfusion is induced during kidney transplants, partial nephrectomy, and nephrolithotomy with early renal dysfunction. Current treatments are primarily supportive to reduce the damage of renal IRI during these surgeries. AKI treatments are comprised of a series of supportive measures without an insult-oriented therapy. However, timely reperfusion of the ischemic area at risk is still the major concern in clinical practices, strategies such as ischemic preconditioning and controlled reperfusion along with antioxidant, complement, or neutrophil therapies may significantly prevent or limit IRI damage in humans.<sup>5)</sup>

Meta-analysis studies evaluating the therapeutic effect of mesenchymal stem cells (MSCs) in small animals with chronic or acute renal injury have shown the beneficial effect of MSC therapy on renal regeneration and functional recovery.<sup>6)</sup> In preclinical studies treating AKI, MSC therapy has shown to be beneficial through acting as an anti-inflammatory, antiapoptotic, anti-oxidative stress, antifibrotic, immunomodulatory, and proangiogenic. MSC treatment benefits have also been observed in clinical trials.<sup>7)</sup> There are some safety issues that need to be explored before MSC can be used in humans, including tumorigenicity,<sup>8)</sup> microbiological contamination,<sup>9)</sup> putative profibrogenic potential,<sup>10)</sup> and heterogeneity and functional diversity.<sup>11)</sup>

Recent studies have suggested that adipose tissue-derived stromal vascular fraction (SVF)

might be an attractive cell source for cell-based therapies on account of the real-time isolation without *in vitro* expansion to avoid the risks of MSC treatments.<sup>12-16)</sup> We found that renal function is effectively protected from renal IRI damage through the renal parenchymal injection of SVF.<sup>17)</sup> However, some issues limit the use of SVF in humans, including decreased cell viability during freezing and thawing, immune rejection when using allogeneic cells, and putative thrombogenic potential.<sup>18)</sup>

Conditioned medium (CM) therapy using soluble factors is emerging to avoid the various adverse effects of cell-based therapies, including MSC and SVF.<sup>19)</sup> Several preclinical studies have focused on using stem cell-derived CM in the treatment of various AKI models.<sup>20-22)</sup> Other preclinical studies have compared the effects of CM and cell-based therapies in AKI but have reported contradictory results.<sup>23-25)</sup> Therefore, we compared the effects of autologous SVF and adipose-derived stem cell (ADSC)-CM on the renal function in a rat model of renal IRI-induced AKI. We were interested in using the three-dimensional (3D) spheroid culture system to attain more growth factors and cytokines in the ADSC-CM. The ADSC in the 3D spheroid culture system secretes more angiogenic and anti-apoptotic factors compared to the conventional two-dimensional (2D) culture system.<sup>26)</sup>

## MATERIALS AND METHODS

### Animal Care and Study Design

All aspects of animal care, treatment, and surgical procedures followed the eighth edition of the *Guide for the Care and Use of Laboratory Animals*, published in 2011.<sup>27)</sup> All animal experiments were approved by the Institutional Animal Care and Use Committee of the Asan Medical Center (2020-12-037). Fifty 8-week-old male Sprague-Dawley rats were purchased from Orient Bio Inc. (Seongnam, Korea, <http://www.orient.co.kr>) and housed for 1 week for acclimatization. During experiments, rats were maintained under a 12-hour light/dark cycle, lights on at 8 a.m. and off at 8 p.m., at a temperature of  $22^{\circ}\text{C} \pm 2$  , and a humidity level of 50%–55%, with ad libitum access to food and water.

At 9 weeks old, the rats were randomly divided into five groups with ten animals per group: sham, nephrectomy control, IRI control, SVF, ADSC-CM. Rats in the ADSC-CM group underwent bilateral paratesticular fat excision via a scrotal incision to culture ADSC and acquire CM. At 13 weeks old, rats in the SVF group underwent bilateral paratesticular fat excision via a scrotal incision to isolate SVF. At the same time, surgical procedures were performed to induce renal IRI. Vehicle (IRI control), SVF, and ADSC-CM were injected into the renal parenchyme. The renal function of all the rats was evaluated 28 days before and 1, 2, 3, 4, 7, and 14 days after surgical procedures. The rats were sacrificed 14 days after surgical procedures, and kidney tissues were then collected for histological examination. The study design is outlined in Figure 1.

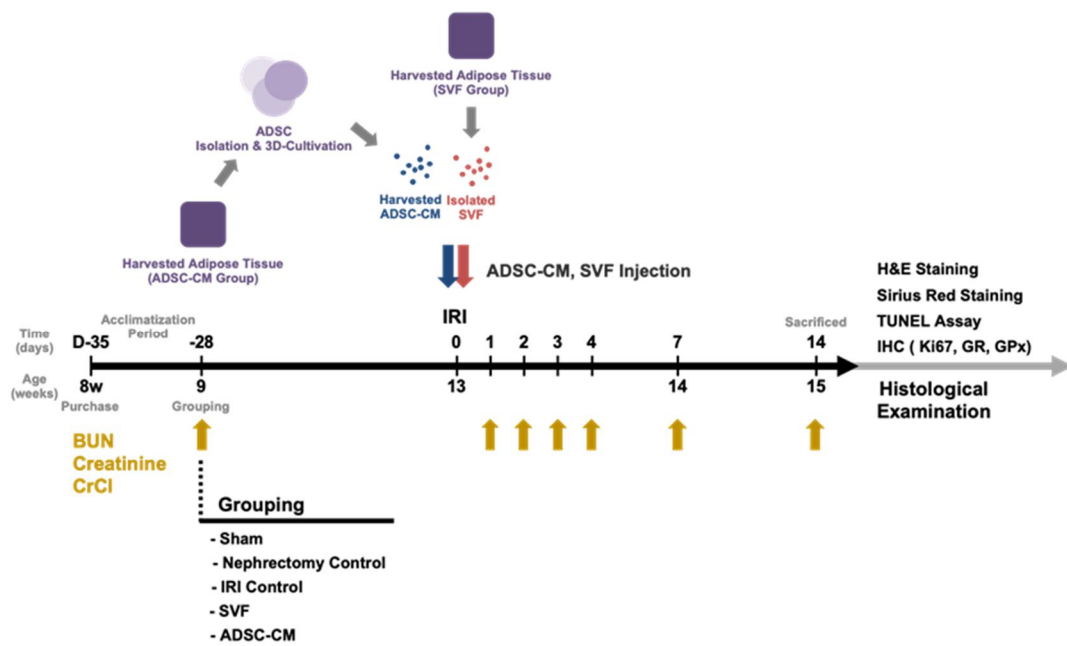


Figure 1. Graphic summary of the study design.

Abbreviations: ADSC, adipose-derived stem cell; 3D, three-dimensional; BUN, blood urea nitrogen; CrCl, creatinine clearance; IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium; H&E, hematoxylin and eosin; TUNEL, terminal deoxynucleotidyl transferase dUTP nick end labeling; IHC, immunohistochemistry; GR, glutathione reductase; GPx, glutathione peroxidase.

### **Isolation of SVF and Cultivation of ADSC**

Adipose tissue was harvested from paratesticular fats via a scrotal incision at randomization (ADSC-CM group) or shortly before the surgical procedure to induce renal IRI (SVF group). SVF was isolated, and ADSC was cultured as previously described.<sup>28)</sup> Adipose tissue was enzymatically digested for 30 minutes at 37 °C in 0.075% collagenase type I (Thermo Fisher Scientific Inc., Waltham, MA, <http://www.thermofisher.com>). The cell suspension was passed through a 100 µm pore-sized filter to remove undigested tissue and then neutralized by the addition of Dulbecco's modified Eagle's medium (DMEM; Gibco, Waltham, MA, <http://www.thermofisher.com>) containing 10% fetal bovine serum (FBS; Gibco) and centrifuged at 3000 rpm for 10 minutes. The stromal cell pellet was resuspended in DMEM containing 10% FBS and 1% antibiotic-antimycotic solution (Gibco). Cultures were maintained at subconfluent levels (80%) at 37 °C in 5% CO<sub>2</sub>. Cells were passaged using trypsin/EDTA (Thermo Fisher Scientific Inc.) as required. The resuspended cells were plated at a density of 2×10<sup>3</sup> cells per cm<sup>2</sup> and cultured in the conventional 2D culture system until passage number three.

Flow cytometry was performed with a FACScan argon laser cytometer (BD Biosciences, San Jose, CA, <http://wwwbdbiosciences.com>) to determine whether the processed lipoaspirate cells were characteristic of SVF or ADSC according to a previous study.<sup>29)</sup> Briefly, cells were harvested in 0.25% trypsin/EDTA and fixed for 30 minutes in ice-cold 2% formaldehyde. The fixed SVF was washed in flow cytometry buffer (2% bovine serum albumin, 0.1% sodium azide in phosphate-buffered saline (PBS)) and incubated for 30 minutes in flow cytometry buffer containing anti-CD45APC, CD34FITC, CD31PE-Cy7, and CD90PE (BD Biosciences). The fixed ADSCs were washed in flow cytometry buffer and incubated for 30 minutes in flow cytometry buffer containing anti-CD29Pacific Blue, CD44PE, CD45APC, and CD34FITC (BD Biosciences).

### **Differentiation of ADSC**

Differentiation of ADSC was confirmed as described previously.<sup>28)</sup> Briefly, ADSCs at the fourth passage were incubated with the StemPro Adipogenesis Differentiation Kit (Thermo Fisher Scientific Inc.) or StemPro Osteogenesis Differentiation Kit (Thermo Fisher Scientific Inc.) for 14 days, or the StemPro Chondrogenesis Differentiation kit (Thermo Fisher Scientific Inc.) for 21 days, and the media was changed every 3 to 4 days. Adipogenic differentiation was confirmed using Oil Red O (Sigma-Aldrich, St. Louis, MO, <http://www.sigmaaldrich.com>), osteogenic differentiation was confirmed using 2% alizarin red S (ScienCell, Carlsbad, CA, <https://sciencellonline.com>), and chondrogenic differentiation was confirmed using Alcian blue. The cells were photographed with an inverted microscope (Olympus, Tokyo, Japan, <http://www.olympus-global.com>).

### **3D Spheroid Culture and Preparation of CM**

The ADSC-CM was prepared using ADSC spheroids as previously described.<sup>30)</sup> A 12-series micro-mold (The 3D Petri Dish®; Merck KGaA, Darmstadt, Germany, <https://www.merckgroup.com>) was used to prepare microwells following the manufacturer's instructions. After the third passage, ADSCs were plated at  $1 \times 10^6$  per well, and the microwells were incubated at 37 °C and 5% CO<sub>2</sub> for 3 days to induce cell spheroids. After aspirating the media, 2 mL of serum-free DMEM were added, and ADSC-CM was collected after 48 hours of incubation. The collected ADSC-CM samples were concentrated using 3 kDa cut-off centrifugal filter units (Merck KGaA) following the manufacturer's instructions. The Bradford assay reagent (Sigma Aldrich Co., St. Louis, MO, USA) was used to measure protein concentration in the CM. The ADSC-CM was stored at -80 °C until use.

### **Labeling and Tracking of SVF**

SVF was labeled and tracked as previously described.<sup>17)</sup> SVF was labeled with the fluorescent dye CM-DiI (Thermo Fisher Scientific Inc.). Cells were resuspended at a density of  $1 \times 10^6$  cells per in serum-free DMEM. The cell suspension was then mixed with 5  $\mu$ L of CM-DiI cell labeling solutions per mL and incubated at 37 for 30 minutes. An equal volume of serum-containing DMEM was added to stop the staining reaction. The labeled suspension was centrifuged, and the supernatant was removed. The cells were resuspended in serum-free DMEM and injected into the animals through each experimental route. Cross-sections of kidneys injected with CM-DiI-labeled SVF were observed using a fluorescent microscope.

### **Renal IRI Induction and Parenchymal Injection**

Each rat was intramuscularly anesthetized with 0.3 mL of tiletamine (Zoletil; Virbac Laboratories, Carros, France, <https://corporate.virbac.com>) and xylazine hydrochloride (Rompun; Bayer, Leverkusen, Germany, <https://www.bayer.com>) in a 4:1 mixture. A laparotomy was performed in the sham group, and a right nephrectomy was performed in the nephrectomy control group. In the other three groups, a right nephrectomy was performed, and IRI of the left kidney was induced. IRI induction was performed in the left kidney as previously described.<sup>16,17,31)</sup> For the renal parenchymal injection, a Hamilton syringe needle containing 100  $\mu$ L of vehicle, SVF, or ADSC-CM was pierced from the lower pole to the upper pole of the kidney. While pulling out the needle, the contents were gradually released from the syringe.

### **Observation of Mortality and Measurements of Body Weight and Food Consumption**

All rats were observed daily for mortality. Body weights were measured 28 days before and 1, 2, 3, 4, 7, and 14 days after surgical procedures. The food consumption was measured weekly before surgical procedures and during the observational period. The amount of food



consumed was estimated by subtracting the amount of leftover food from the amount of initially presented food.

### **Determination of Renal Function**

Serum blood urea nitrogen (BUN) and serum and urine creatinine levels were measured 28 days before and 1, 2, 3, 4, 7, and 14 days after the surgical procedures. Urine was collected from the rats in a metabolic cage to estimate the 24-hour urine volume. The creatinine clearance (CrCl) was computed using the following formula and normalized to body weight:<sup>32)</sup>

$$\text{CrCl (mL/min/100 g)} = \frac{\text{urine creatinine (mg/dL)} \times 24\text{-hour urine volume (mL)} \times 100}{\text{serum creatinine (mg/dL)} \times 1440 \times \text{body weight (g)}}$$

### **Kidney Harvest**

The left kidney of all groups was harvested for histological examination. The weight of the left kidney was measured immediately after harvest. The kidney was cut in half, and the cross-section was visually observed. Half of each kidney was cryopreserved in liquid nitrogen, and the remaining half was fixed in 4% paraformaldehyde and embedded in paraffin. The renal index was computed using the following formula:<sup>33)</sup>

$$\text{renal index (mg/g)} = \frac{\text{kidney weight (mg)}}{\text{body weight measured 14 days after surgical procedures (g)}}$$

### **Hematoxylin and Eosin Staining and Histopathological Score**

Kidney tissues were sectioned at 4  $\mu\text{m}$  intervals, and hematoxylin & eosin staining was performed for microscopic analysis. After drying for 1 hour at 60°C, tissue sections were deparaffinized in xylene three times for 10 minutes each. After rehydrating with graded ethanol (100%, followed by 90% to 70%; 1 minute each), sections were washed three times

with distilled water. The sections were stained with Harris Hematoxylin solution (Sigma-Aldrich, St. Louis, MO) for five minutes, washed three times in distilled water, and then washed three times in a 0.5% acid alcohol solution followed by three washes in distilled water. After staining with Eosin Y solution (Sigma-Aldrich, St. Louis, MO) for ten seconds, the sections were rinsed with distilled water three times. The slides were dehydrated in ethanol solutions of increasing concentrations (70%, followed by 80%, 90%, and 100%). If there was insufficient staining, reverse staining was done. If the eosin stain was dense, sections were decolorized in absolute ethanol for 5 to 10 minutes. Finally, the sections were washed three times in xylene for 10 minutes. Sections were covered with a coverslip using Permount™ mounting medium. Histopathological scores were blindly estimated based on a previous study.<sup>34)</sup> Histopathological scores were quantitated by calculating the degree of interstitial fibrosis, interstitial inflammation, tubular dilation, tubular basophilia, intratubular eosinophilic granules, and glomerulus degeneration in ten randomly chosen non-overlapping fields.

### **Sirius Red Staining**

Sirius red staining was performed as previously described.<sup>17)</sup> After drying for 1 hour in 60 °C, the slides were washed three times in xylene and rehydrated in ethanol solutions for 1 minute each, 100%, 90%, 80%, 70%, and washed three times in distilled water. Then the slides were stained with Harris hematoxylin solution (Sigma-Aldrich, St. Louis, MO) for 5 minutes. The slides were rinsed three times in distilled water, and the area around the tissue was marked with a PAP pen. The slides were stained with 60 µL of Pico Sirius Red reagent and incubated for 20 minutes. After washing the slides twice in an acid solution, they were washed three times in distilled water and then dehydrated through graded ethanol (70%, 80%, 90%, and 100%). The sections were cleared by xylene three times for 10 minutes each and mounted using permanent mounting media.

Whole kidney slides of each rat were digitized with a Panoramic SCAN digital slide scanner (3DHISTECH Ltd., Budapest, Hungary, <https://www.3dhitech.com>), and the histological images were subsequently analyzed by panoramic case viewer software (3DHISTECH Ltd.) at 20 times magnification. Four randomly selected kidney cortex and medulla fields from each rat were photographed using 3DHISTECH's CaseViewer. All images were analyzed using Adobe Photoshop to quantify signals. The results of Sirius red staining were presented as the percentage of collagen-positive areas in the total area of the cortex or medulla of each field.

### **TUNEL Assay**

Terminal deoxynucleotidyl transferase (TdT) -mediated dUTP nick end labeling (TUNEL) for the detection of apoptotic cells was performed using an in situ cell death detection kit according to the manufacturer's protocol (Roche Molecular Biochemicals, Mannheim, Germany, <https://life.science.roche.com/shop/home>). The TUNEL assay measured the degree of apoptosis in tissues due to renal IRI and was used to clarify the effect of SVF or ADSC-CM. Under light microscopy, TUNEL-stained sections were observed.

TUNEL staining was performed as previously described.<sup>16)</sup> Unstained slides were placed in a 60 °C dryer and dissolved in paraffin for 1 hour to allow the tissue to adhere. Each sectioned specimen was deparaffinized in xylene for 10 minutes three times and rehydrated for 1 minute in ethanol solutions of decreasing concentrations (100%, 90%, 80%, and 70%). The sections were washed in distilled water for three minutes. For antigen retrieval, the slides were placed into the pretreatment solution, incubated for 5 minutes in a microwave oven and then cooled for 10 minutes. Next, the sections were washed in a wash buffer for 5 minutes. After washing, the protein blocking serum-free ready-to-use (Dako, Glostrup, Denmark, <http://www.dako.com>) reagent containing 20% FBS was added to the sections, and the sections were incubated in a humid chamber for 30 minutes. The sections were washed in

PBS for 5 minutes and gently wiped dry after removal from the buffer. Subsequently, 50  $\mu$ L of the tunnel reaction mixture was added to the slides and incubated in a 37 °C humid chamber for 1 hour. The slides were rinsed in PBS for 5 minutes. Next, 50  $\mu$ L of Converter-Peroxidase (Converter-POD) was added and incubated in a 37 °C humid chamber for 30 minutes. The slides were covered with parafilm (Bemis company inc., Oshkosh, WI, <http://www.bemis.com>) and washed with fresh PBS three times. Then, 50  $\mu$ L of DAB working solution (substrate buffer 1 mL + DAB chromogen 20  $\mu$ L) was added to the specimens and incubated for 10 minutes until the appropriate color appeared. The slides were washed three times in fresh PBS and counterstained with hematoxylin for 5 seconds. Afterward, the slides were washed three times in fresh PBS and dehydrated in ethanol solutions of increasing concentrations (70%, followed by 80%, 90%, 100%) for 1 minute each. Then the sections were cleared in xylene three times for 10 minutes and mounted using a prepared coverslip.

After staining, the slides were analyzed like the Sirius red staining. The results of the TUNEL assay were presented as the percentage of TUNEL-positive areas in the cortex or medulla of each field.

### **Immunohistochemistry**

Immunohistochemistry staining was performed as previously described.<sup>31)</sup> Kidney sections (4  $\mu$ m thick) were prepared for immunohistochemistry analyses from rats of each group. Tissue sections were placed on microslides and deparaffinized in xylene, hydrated in serial decreasing concentrations of ethanol, and immersed in 3% H<sub>2</sub>O<sub>2</sub> to quench endogenous peroxidase activity. Antigen retrieval was performed on all sections, and the slides were microwaved for 15 minutes in Tris-EDTA buffer (pH 9.0). Next, the sections were incubated for 2 hours at ambient temperature with anti-Ki67 (1:200, Abcam, Cambridge, MA, <http://www.abcam.com>), anti-glutathione reductase (GR; 1:2000, Abcam), or anti-

glutathione peroxidase (GPx; 1:2000, Abcam) antibodies. After washing, the slides were incubated using biotin-free polymeric horseradish peroxidase-linker antibody conjugate system (Dako) for 30 minutes at ambient temperature. The slides were washed, and chromogen development was performed for 10 minutes. The slides were counterstained with Meyer's hematoxylin and mounted using Immu-mount (Thermo Fisher Scientific Inc.).

After staining, the slides were analyzed like the Sirius red staining. The immunohistochemistry results were presented as the percentage of antibody-positive areas in the cortex or medulla of each field.

### **Statistical Analysis**

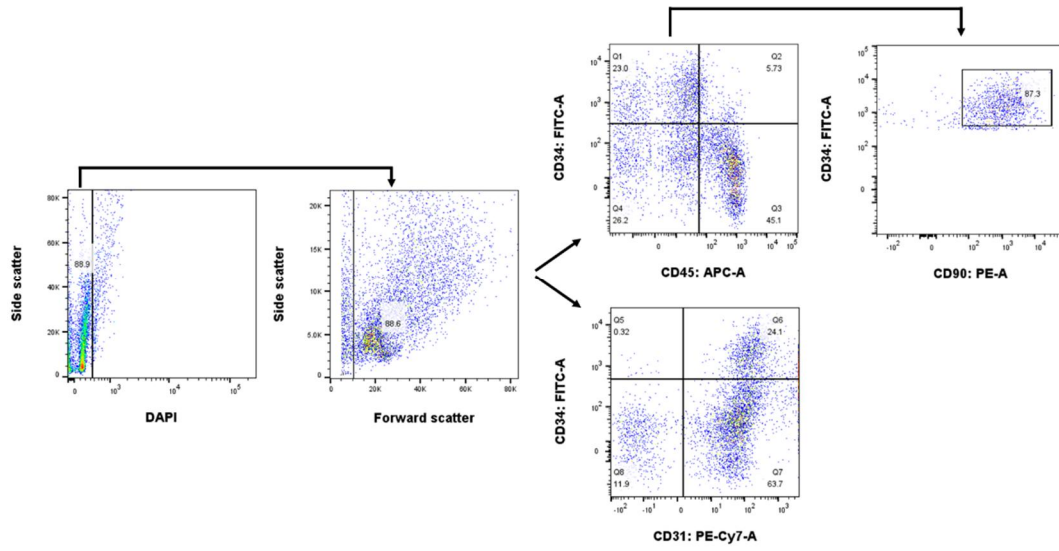
Categorical variables are expressed as frequencies and percentages, and continuous variables as mean  $\pm$  standard error. We used a one-way analysis of variance followed by Tukey's honest significant difference test for post hoc comparisons of multiple groups analyses. Statistical significance was defined as  $p$  less than 0.05,  $p$  less than 0.01, or  $p$  less than 0.001;  $p$  greater than or equal to 0.05 was not considered significant. All statistical analyses were performed using SPSS Statistics, version 21 (IBM Corporation, Armonk, NY, <http://www-01.ibm.com>).

## **RESULTS**

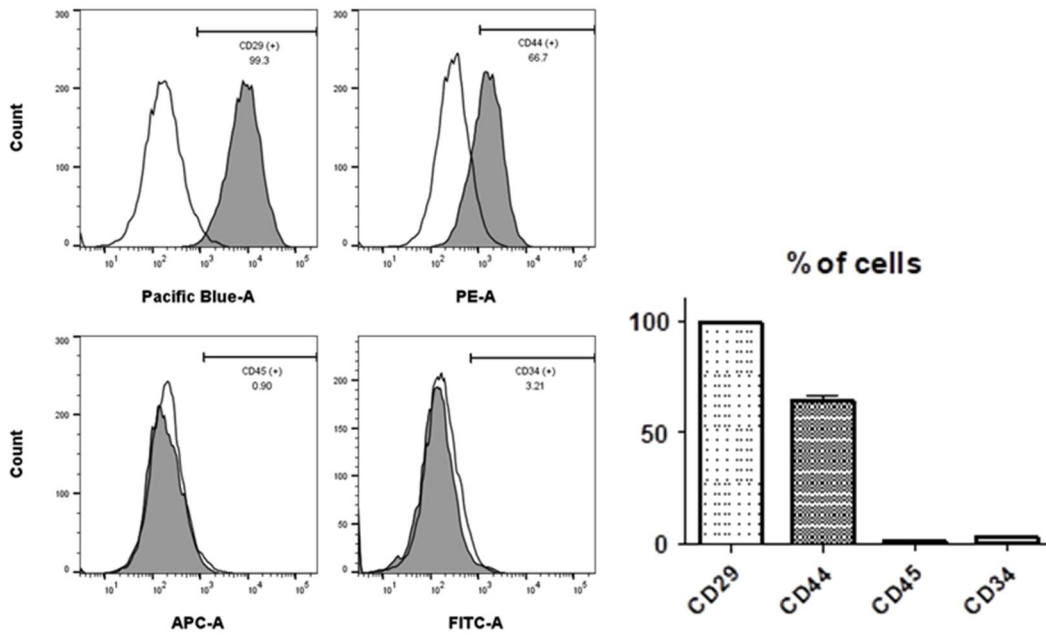
### **Characterization of SVF and ADSC**

To characterize SVF and ADSC, CD marker profiles of SVF and ADSC were examined using flow cytometry. Flow cytometric analysis showed that SVF was made up of about half CD45<sup>+</sup> cells (blood-derived cells), 23% CD45<sup>-</sup>/CD34<sup>+</sup> (stromal cells), and 24.1% CD31<sup>+</sup>/CD34<sup>+</sup> (endothelial cells). ADSC flow cytometric analysis showed that 99.2% of the cells expressed CD29, 63.9% expressed CD44, 1.7% expressed CD45, and 3.1% expressed CD34. The multilineage differentiation capacity was confirmed by observation of adipogenic, osteogenic, and chondrogenic cells 3 weeks after culture in the appropriate induction mediums (Figure 2).

A.



B.



C.

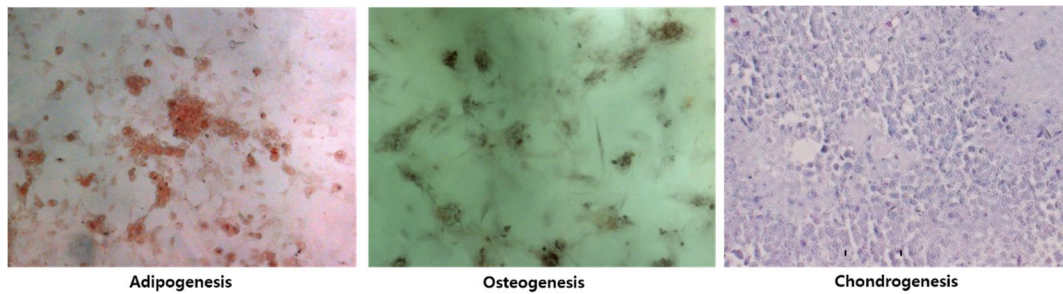


Figure 2. Characterization of SVF and ADSC. (A) Representative flow cytometry histograms of SVF from rats in the SVF group. (n=3) (B) Flow cytometry of ADSC from rats in the ADSC-CM group. Results are expressed as mean  $\pm$  standard error. (n=9) (C) Appearance of ADSC from rats in the ADSC-CM group after three weeks of induction of adipogenic, osteogenic, or chondrogenic differentiation. Magnification,  $\times 100$  in adipogenesis and osteogenesis and  $\times 400$  in chondrogenesis. (n=3)

Abbreviations: ADSC, adipose-derived stem cell; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

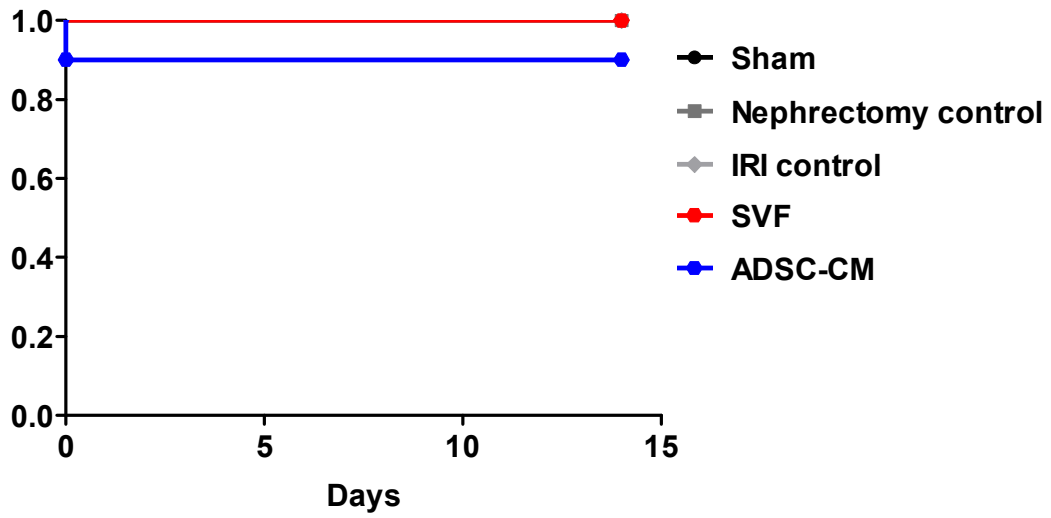


### **Mortality, Body Weight, and Food Consumption**

One case in the ADSC-CM group experienced intraoperative death due to anesthesia (Figure 3A). The groups had no significant differences in body weight and food consumption (Figure 3B and C).

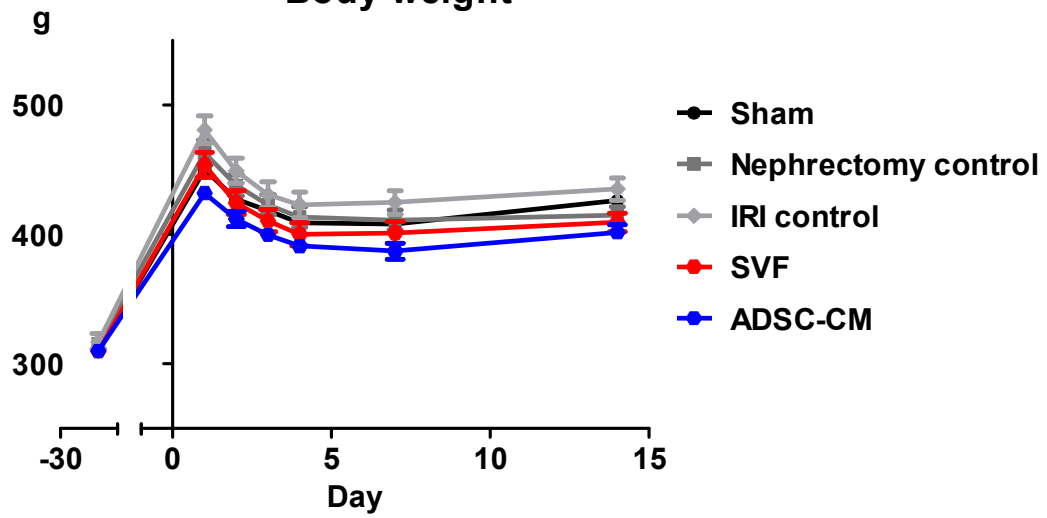
A.

### Survival rate



B.

### Body weight



C.

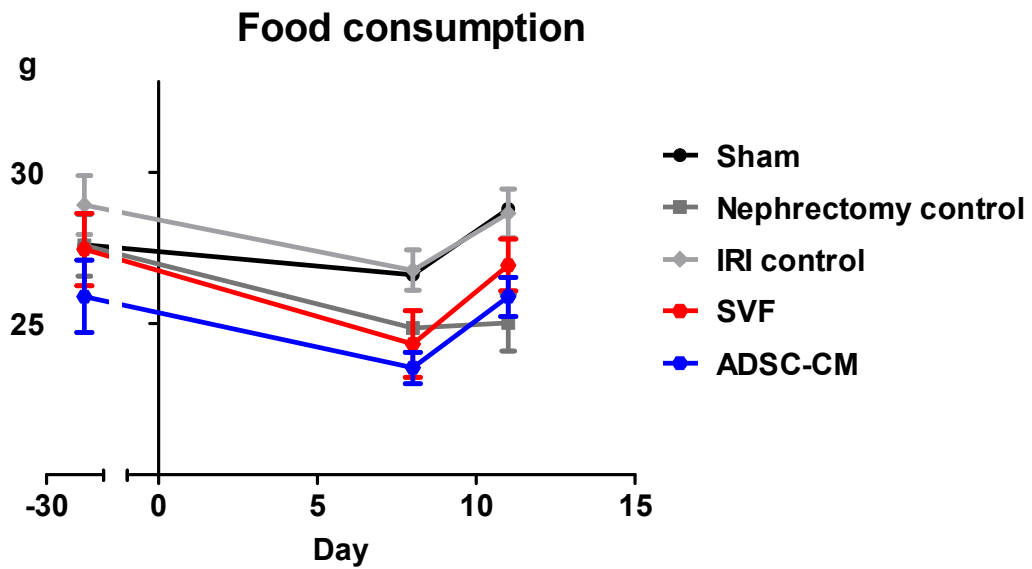
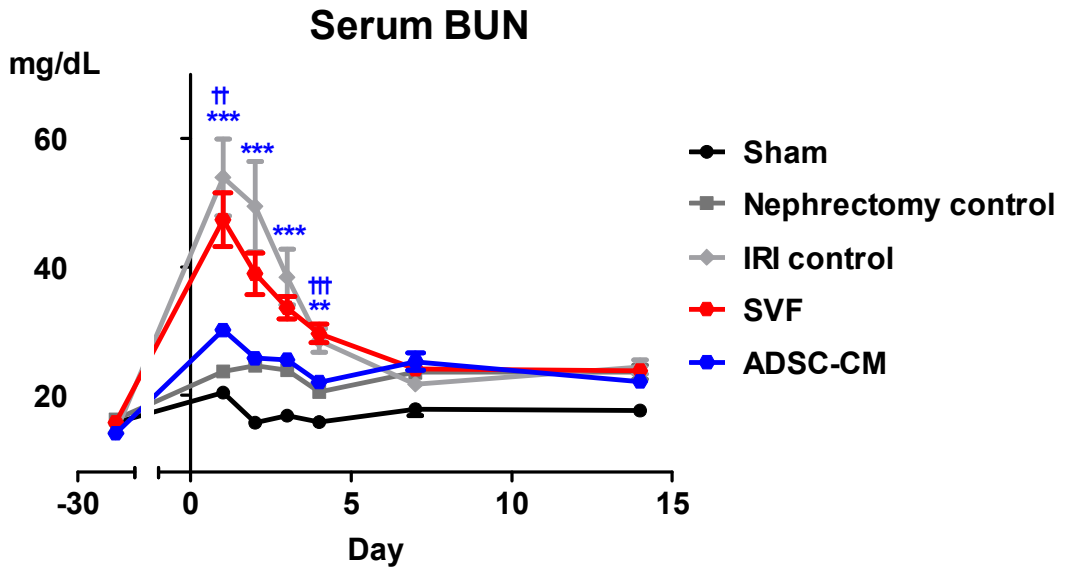


Figure 3. (A) Survival curves. (B) Changes in body weight, and (C) food consumption of each group during the experiment. Ten rats per group, but nine rats in the ADSC-CM group. Abbreviations: IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

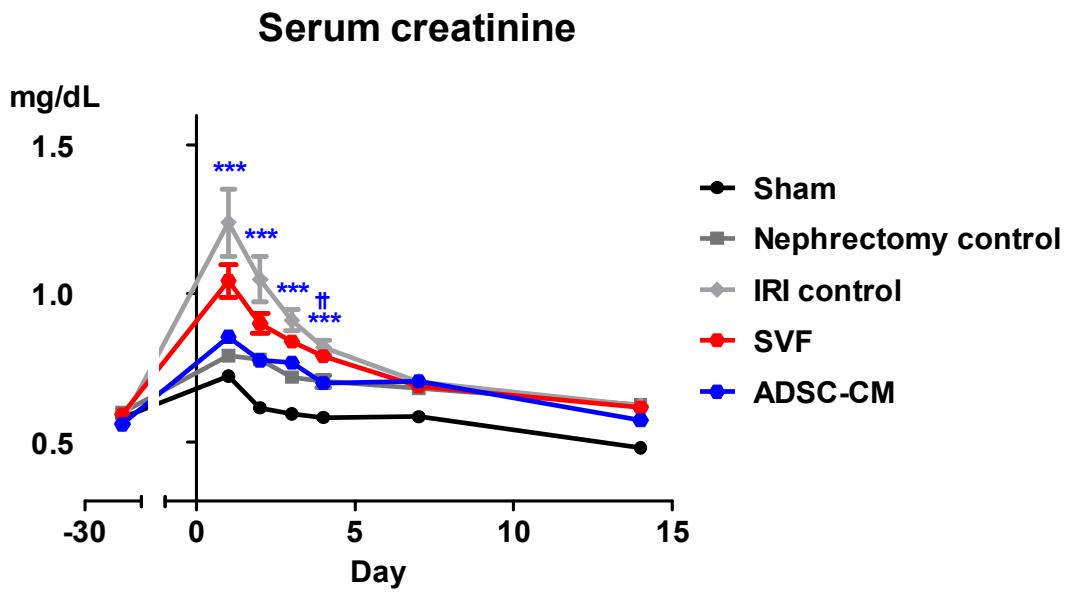
### **Effects of SVF and ADSC-CM on Renal Function**

The renal parenchymal injection of ADSC-CM significantly reduced the levels of serum BUN compared with the IRI control group on days 1, 2, 3, and 4 after IRI (30.17 mg/dL vs. 53.96 mg/dL,  $p < 0.001$ ; 25.77 mg/dL vs. 49.43 mg/dL,  $p < 0.001$ ; 25.53 mg/dL vs. 38.44 mg/dL,  $p < 0.001$ ; 22.03 mg/dL vs. 28.53 mg/dL,  $p < 0.01$ ). The level of serum BUN was significantly lower in the ADSC-CM group than in the SVF group on days 1 and 4 after IRI (30.17 mg/dL vs. 47.34 mg/dL,  $p < 0.01$ ; 22.03 mg/dL vs. 29.62 mg/dL,  $p < 0.001$ ) (Figure 4A). The renal parenchymal injection of ADSC-CM significantly reduced the levels of serum creatinine compared with the IRI control group on days 1, 2, 3, and 4 after IRI (0.85 mg/dL vs. 1.24 mg/dL,  $p < 0.001$ ; 0.78 mg/dL vs. 1.05 mg/dL,  $p < 0.001$ ; 0.77 mg/dL vs. 0.91 mg/dL,  $p < 0.001$ ; 0.70 mg/dL vs. 0.82 mg/dL,  $p < 0.001$ ). Levels of serum creatinine were significantly lower in the ADSC-CM group than in the SVF group 4 days after IRI (0.70 mg/dL vs. 0.79 mg/dL,  $p < 0.01$ ) (Figure 4B). The renal parenchymal injection of ADSC-CM significantly increased the level of CrCl compared with the IRI control group 1 day after IRI (0.22 mL/min/100 g vs. 0.16 mL/min/100 g,  $p < 0.01$ ). The levels of CrCl was significantly higher in the ADSC-CM group than in the SVF group 1 day after IRI (0.22 mL/min/100 g vs. 0.17 mL/min/100 g,  $p < 0.05$ ) (Figure 4C).

A.



B.



C.

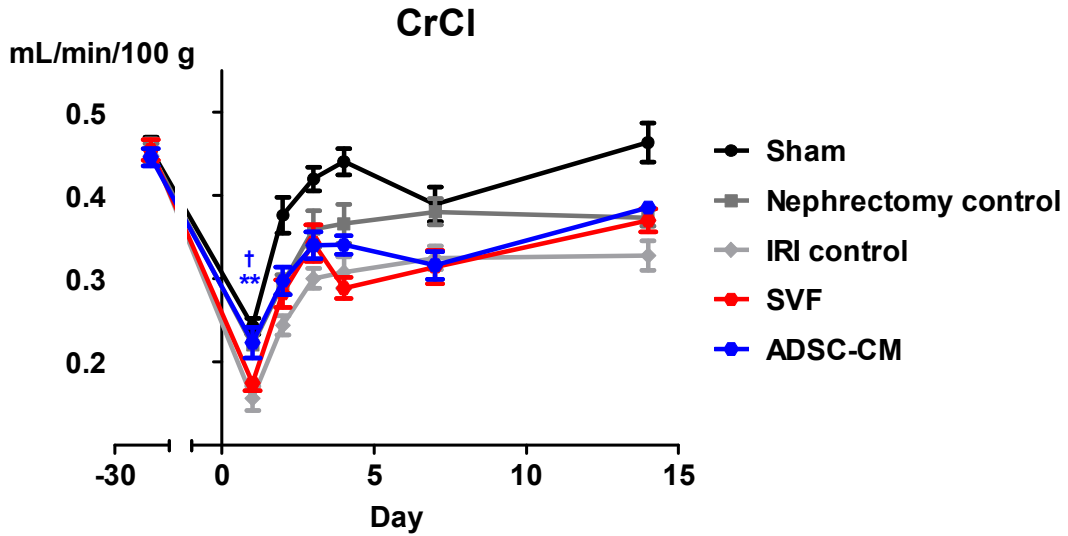
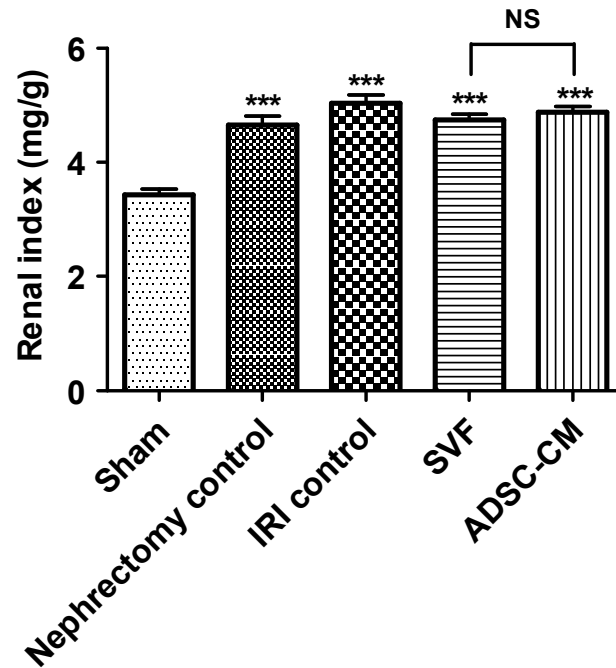


Figure 4. Effects of SVF and ADSC-CM on renal function. (A) Changes in serum BUN, (B) serum creatinine, and (C) CrCl of each group during the experiment. Blue-colored stars indicate statistically significant differences in the ADSC-CM group compared with the IRI control group; \*\*,  $p < 0.01$ ; \*\*\*,  $p < 0.001$ . Blue-colored crosses indicate statistically significant differences between the SVF and ADSC-CM groups; †,  $p < 0.05$ ; ††,  $p < 0.01$ ; †††,  $p < 0.001$ . Three times per rat, ten rats per group, but nine rats in the ADSC-CM group. Abbreviations: BUN, blood urea nitrogen; CrCl, creatinine clearance; IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

### **Renal Index and Gross Pictures of Harvested Kidneys**

The renal index of the harvested kidneys was significantly increased in all the groups compared with the sham group (Figure 5A). No gross differences in kidney cross-sections were observed (Figure 5B).

A.



B.

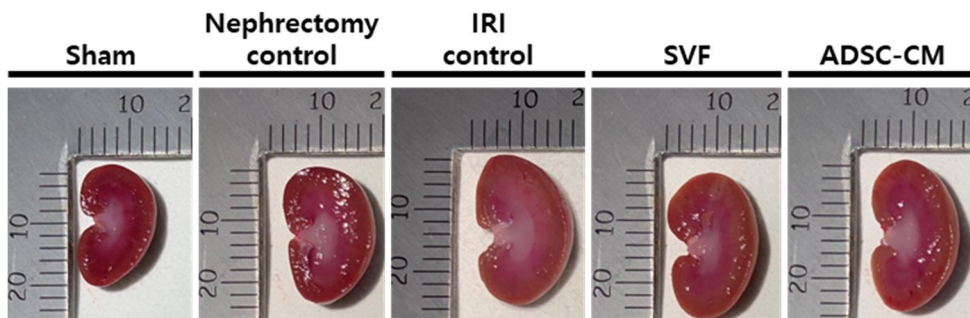


Figure 5. (A) Renal index of left kidneys after harvest. \*\*\*,  $p < 0.001$  compared with the sham group. NS,  $p > 0.05$  between the SVF and ADSC-CM groups. (B) Representative pictures of cross-sectioned left kidneys. Ten rats per group, but nine rats in the ADSC-CM group.

Abbreviations: NS, not significant; IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

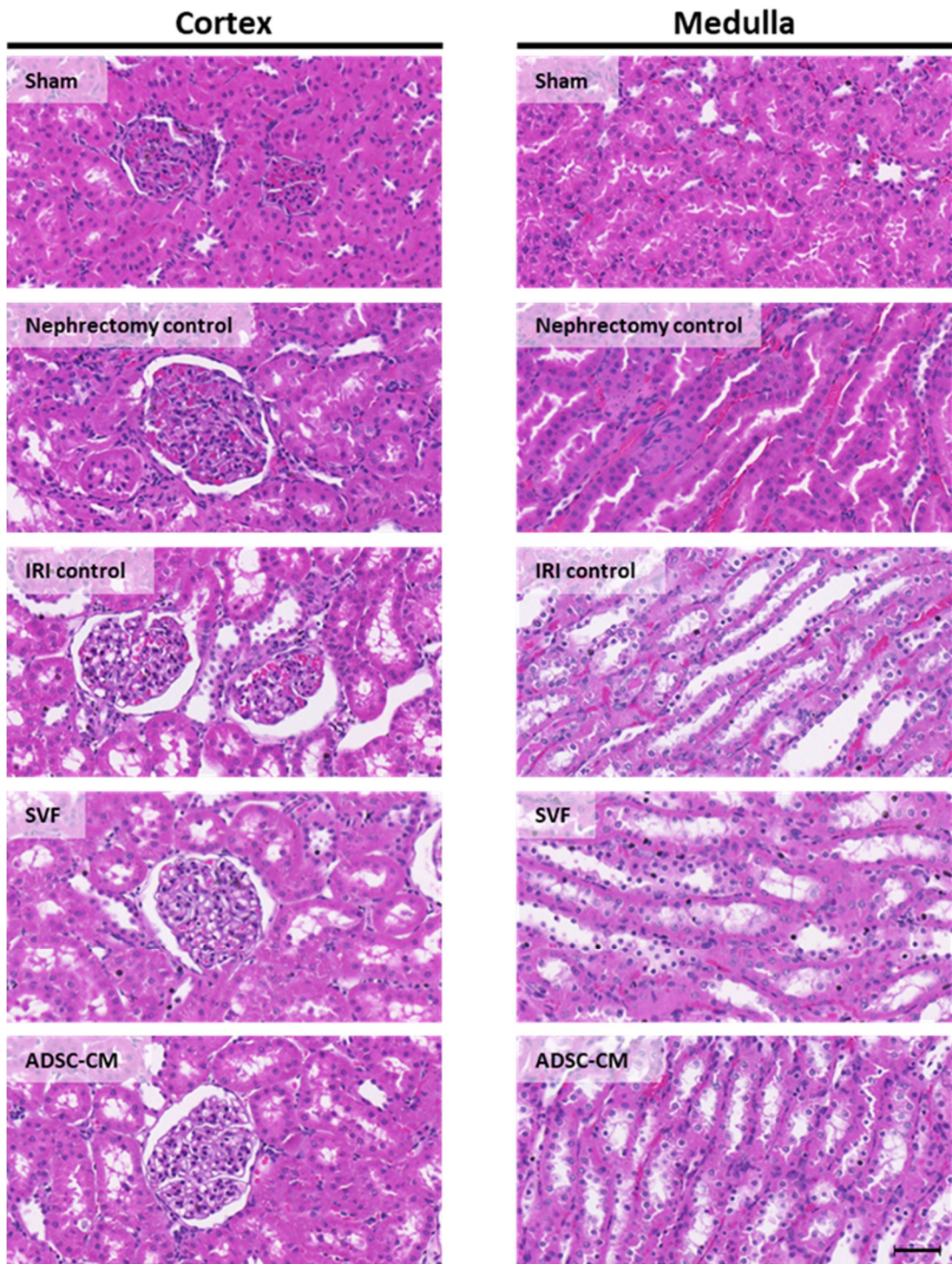


### **Histopathological Score and Collagen Content of Kidney Tissue**

Histopathological scores were significantly higher in the IRI control group than in the sham and nephrectomy control groups. There were no significant differences in histopathological scores among the IRI control, SVF, and ADSC-CM groups (Figure 6).

Sirius red staining revealed that collagen content was significantly higher in the IRI control group than in the sham and nephrectomy control groups in both cortex and medulla. Collagen content was significantly lower in the SVF and ADSC-CM groups than in the IRI control group in both cortex and medulla. It was significantly lower in the SVF group than in the ADSC-CM group in both cortex and medulla (Figure 7).

A.



B.

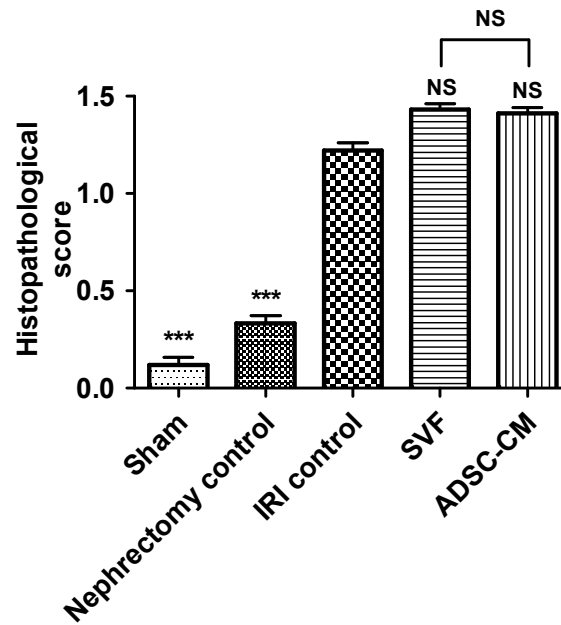
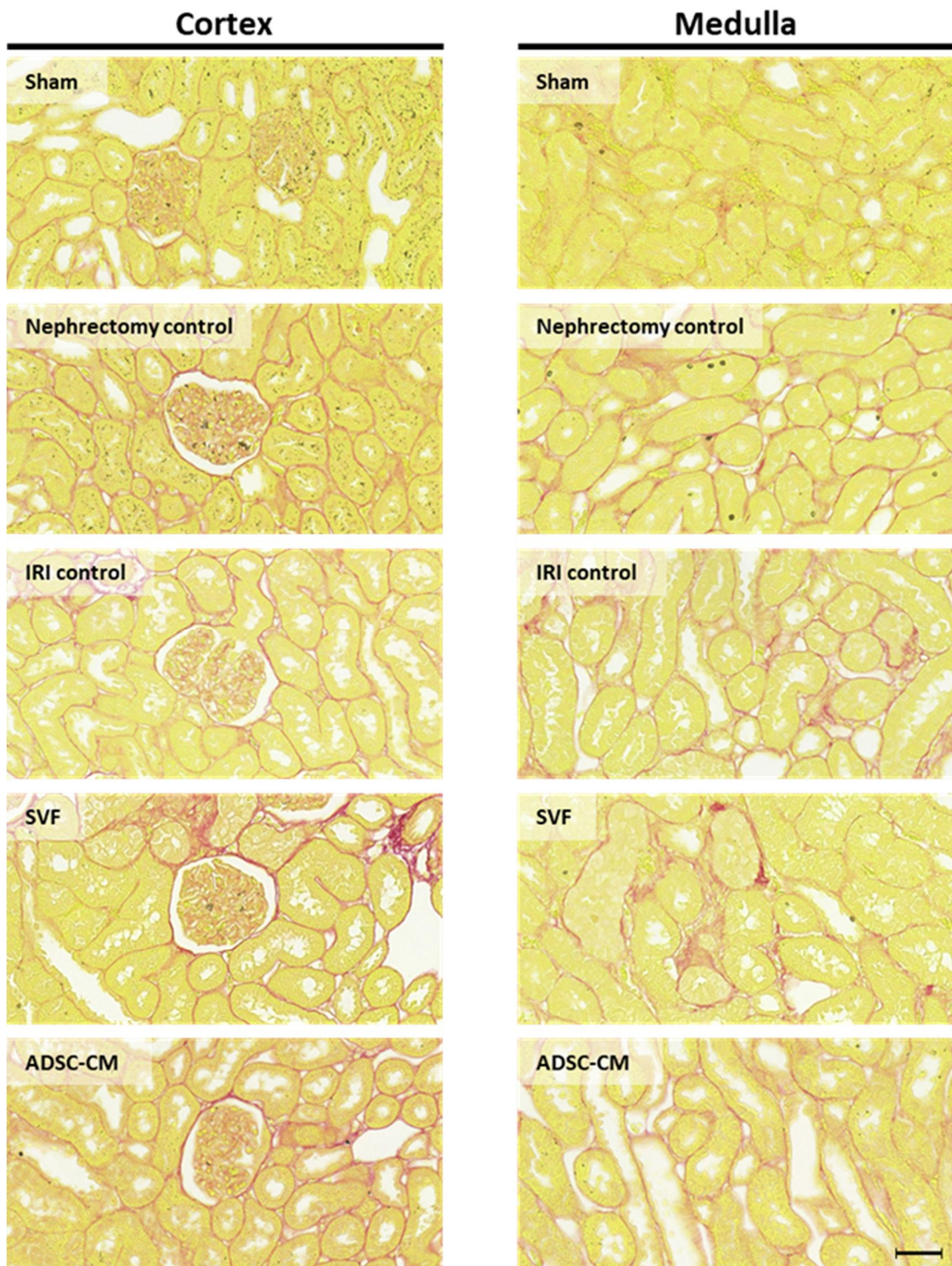


Figure 6. Hematoxylin and eosin staining of kidney tissue. (A) Representative photomicrographs of cortex and medulla. (B) Histopathological score in random non-overlapping fields. Magnification  $\times 40$ . Scale bar 50  $\mu\text{m}$ . NS,  $p > 0.05$ ; \*\*\*,  $p < 0.001$  compared with the IRI control group. NS,  $p > 0.05$  between the SVF and ADSC-CM groups. Ten fields per rat, ten rats per group, but nine rats in the ADSC-CM group.

Abbreviations: NS, not significant; IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

A.



B.

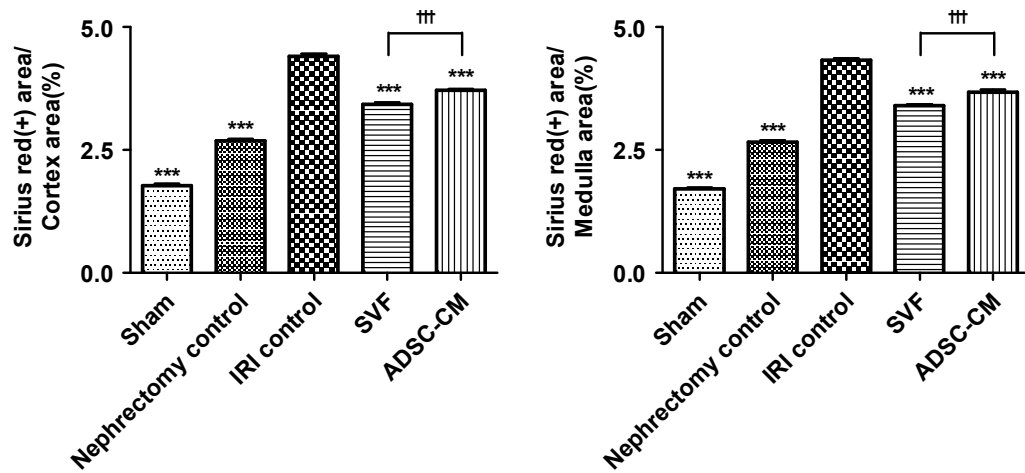


Figure 7. Sirius red staining of kidney tissue. (A) Representative photomicrographs of cortex and medulla. (B) The ratio of collagen-positive stained areas to random cortex and medulla areas. Magnification  $\times 40$ . Scale bar  $50 \mu\text{m}$ . \*\*\*,  $p < 0.001$  compared with the IRI control group. †††,  $p < 0.001$  between the SVF and ADSC-CM groups. Four fields per rat, ten rats per group, but nine rats in the ADSC-CM group.

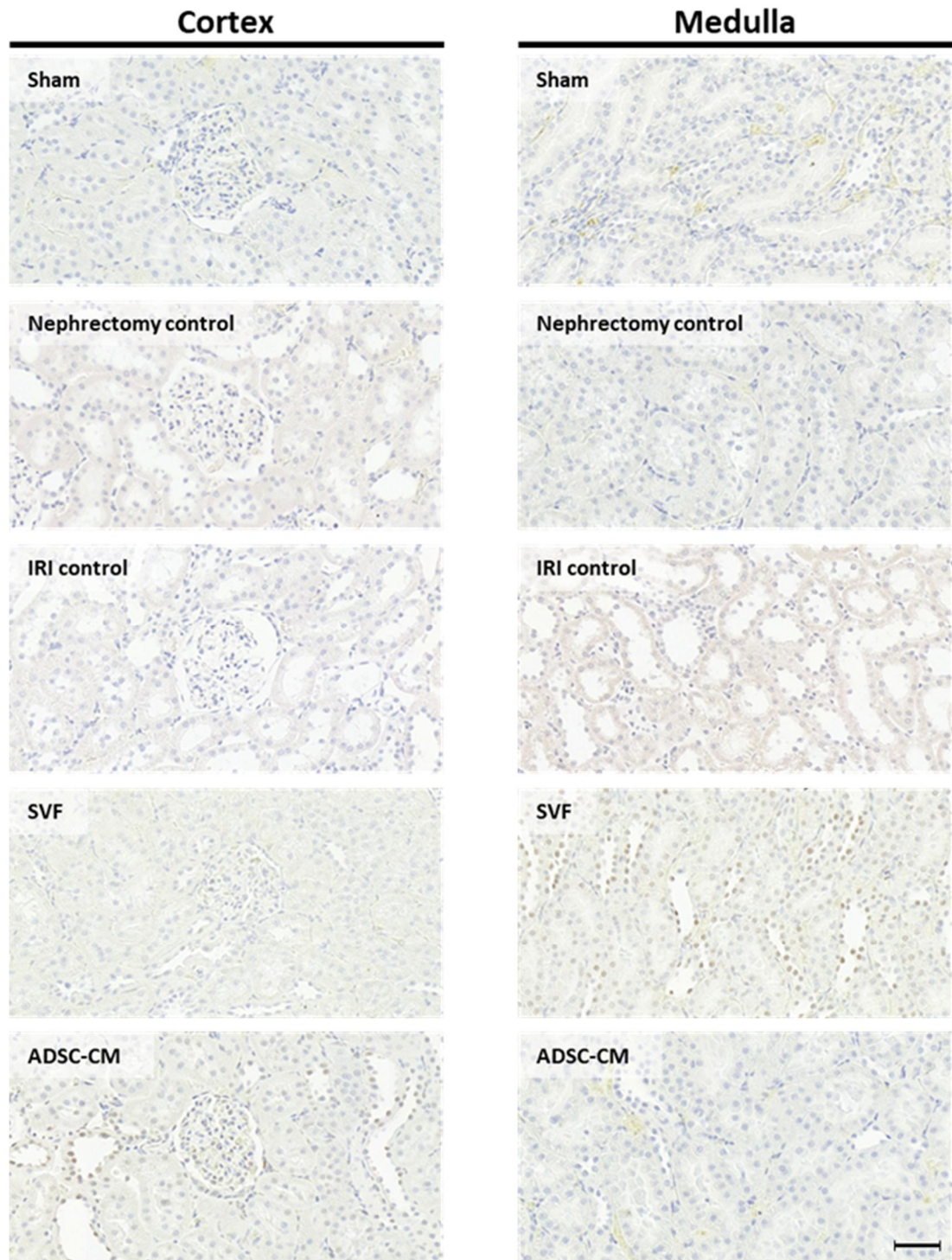
Abbreviations: IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

### **Apoptosis and Proliferation Markers of Kidney Tissue**

The TUNEL assay revealed a significant increase in apoptosis in the cortex and medulla in the IRI control group compared with the sham and nephrectomy control groups. Apoptosis in the cortex and medulla was significantly decreased in the SVF and ADSC-CM groups compared with the IRI control group. Apoptosis in the cortex and medulla was significantly decreased in the SVF group than in the ADSC-CM group (Figure 8).

Ki67 staining revealed a significant increase in proliferation in the cortex and medulla in the IRI control group compared with the sham and nephrectomy control groups. Proliferation in the cortex and medulla was significantly increased in the SVF and ADSC-CM groups compared with the IRI control group. Proliferation in the cortex and medulla was significantly increased in the SVF group than in the ADSC-CM group (Figure 9).

A.



B.

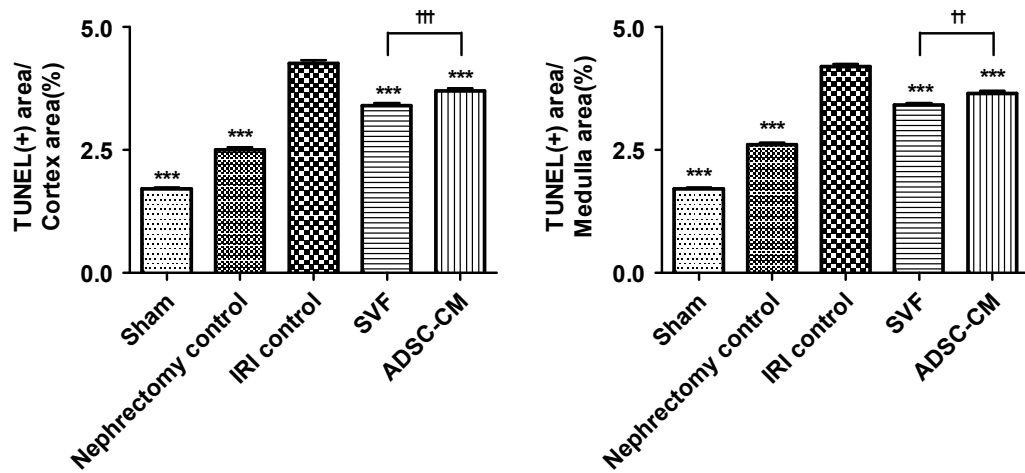
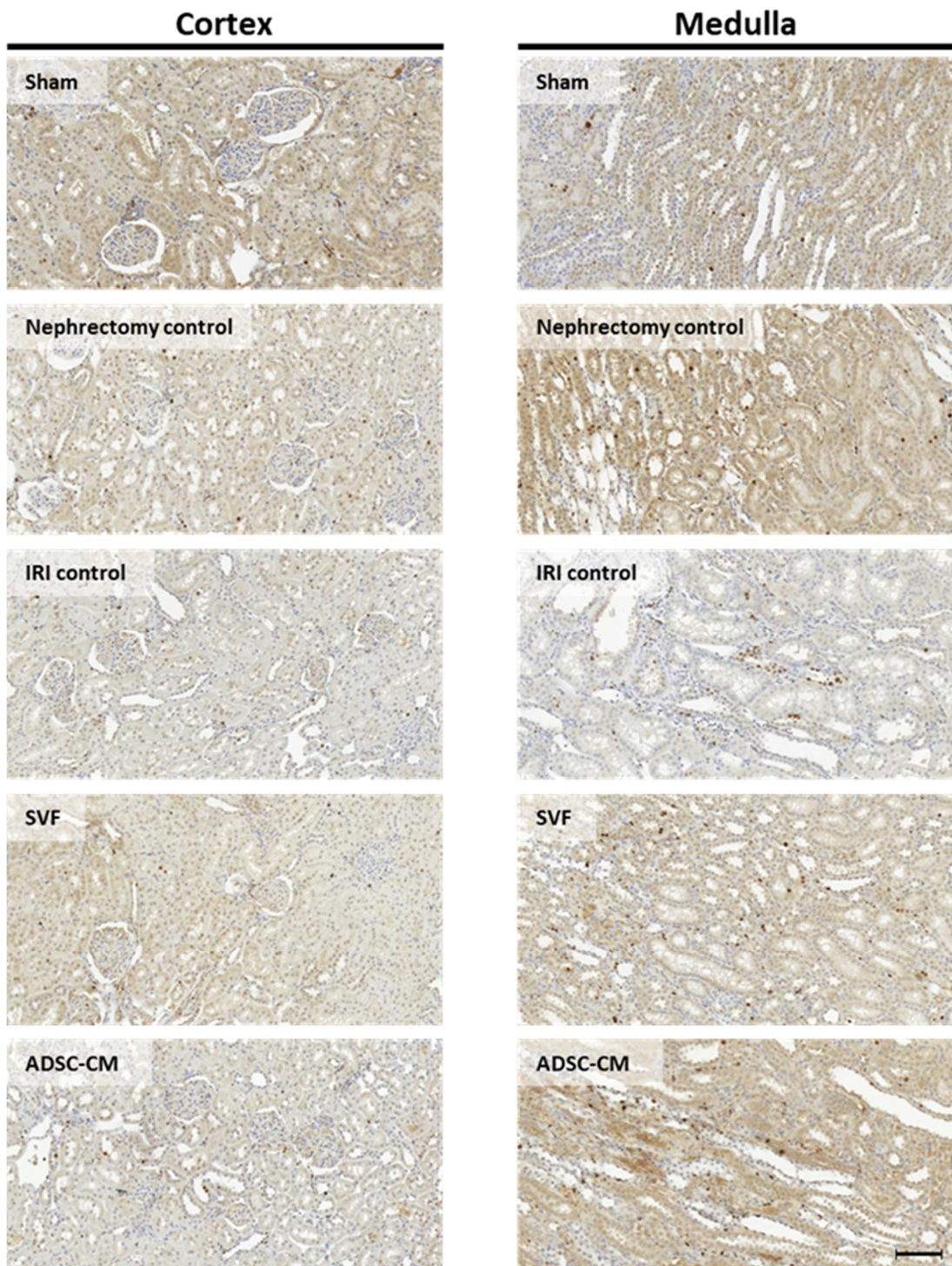


Figure 8. TUNEL assay of kidney tissue. (A) Representative photomicrographs of cortex and medulla. (B) The ratio of TUNEL-positive stained areas to random cortex and medulla areas. Magnification  $\times 40$ . Scale bar  $50 \mu\text{m}$ . \*\*\*,  $p < 0.001$  compared with the IRI control group. ††,  $p < 0.01$ ; †††,  $p < 0.001$  between the SVF and ADSC-CM groups. Four fields per rat, ten rats per group, but nine rats in the ADSC-CM group.

Abbreviations: TUNEL, terminal deoxynucleotidyl transferase dUTP nick end labeling; IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.



A.



B.

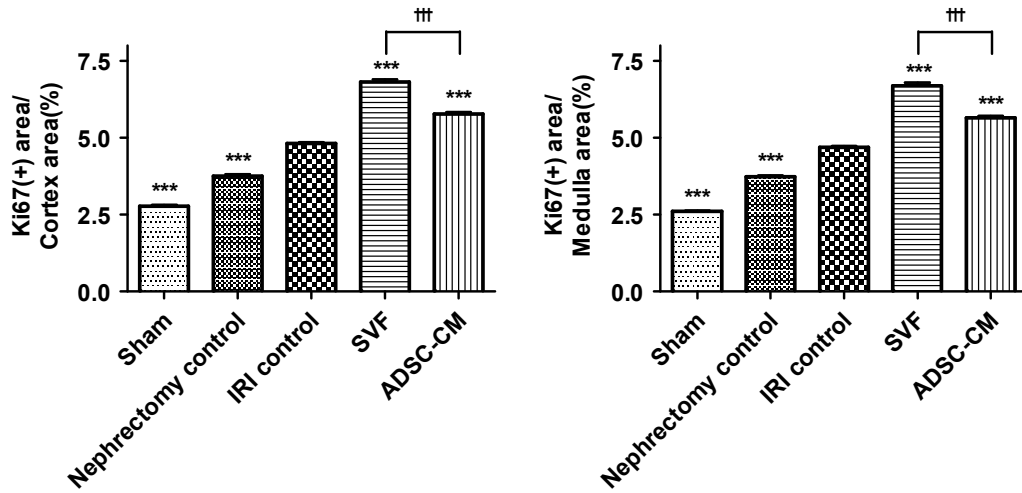


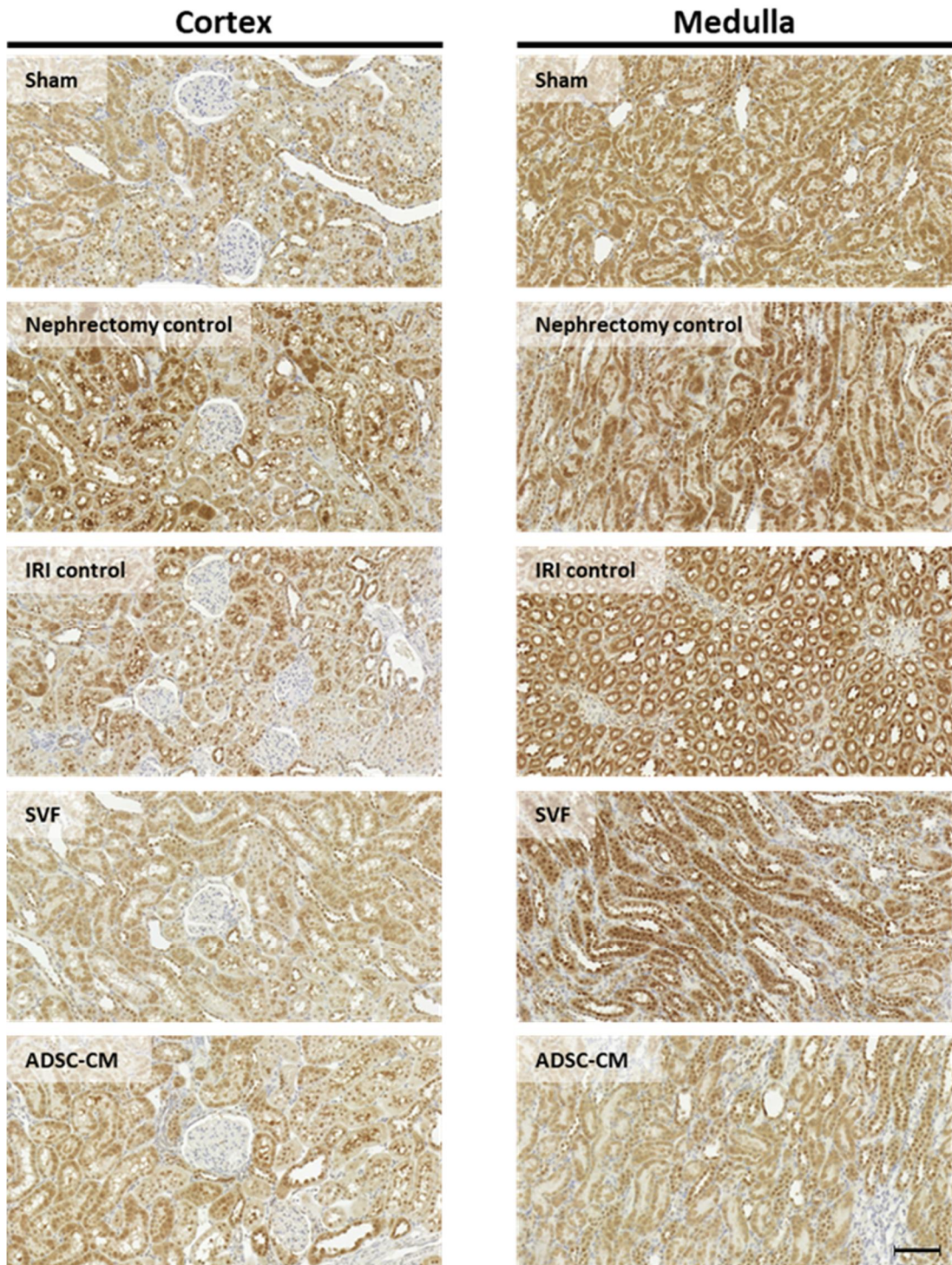
Figure 9. Ki67 immunohistochemistry of kidney tissue. (A) Representative photomicrographs of cortex and medulla. (B) The ratio of Ki67-positive stained areas to random cortex and medulla areas. Magnification  $\times 40$ . Scale bar  $50 \mu\text{m}$ . \*\*\*,  $p < 0.001$  compared with the IRI control group. †††,  $p < 0.001$  between the SVF and ADSC-CM groups. Four fields per rat, ten rats per group, but nine rats in the ADSC-CM group. Abbreviations: IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

### **Anti-oxidative Markers of Kidney Tissue**

The GR-positive areas in the cortex and medulla were significantly higher in the IRI control group than in the sham and nephrectomy control groups. The GR-positive staining was significantly higher in the SVF and ADSC-CM groups than in the IRI control group in the cortex and medulla. The GR-positive staining was significantly higher in the SVF group than in the ADSC-CM group in the cortex and medulla (Figure 10).

The GPx-positive areas in the cortex and medulla were significantly higher in the IRI control group than in the sham and nephrectomy control groups. The GPx-positive staining was significantly higher in the SVF and ADSC-CM groups than in the IRI control group in the cortex and medulla. The GPx-positive staining was significantly higher in the SVF group than in the ADSC-CM group in the cortex and medulla (Figure 11).

A.



B.

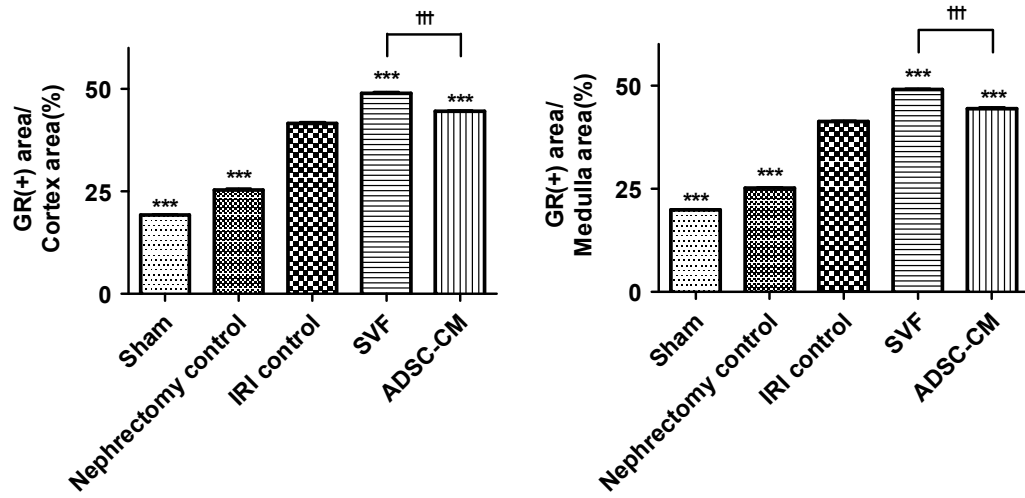
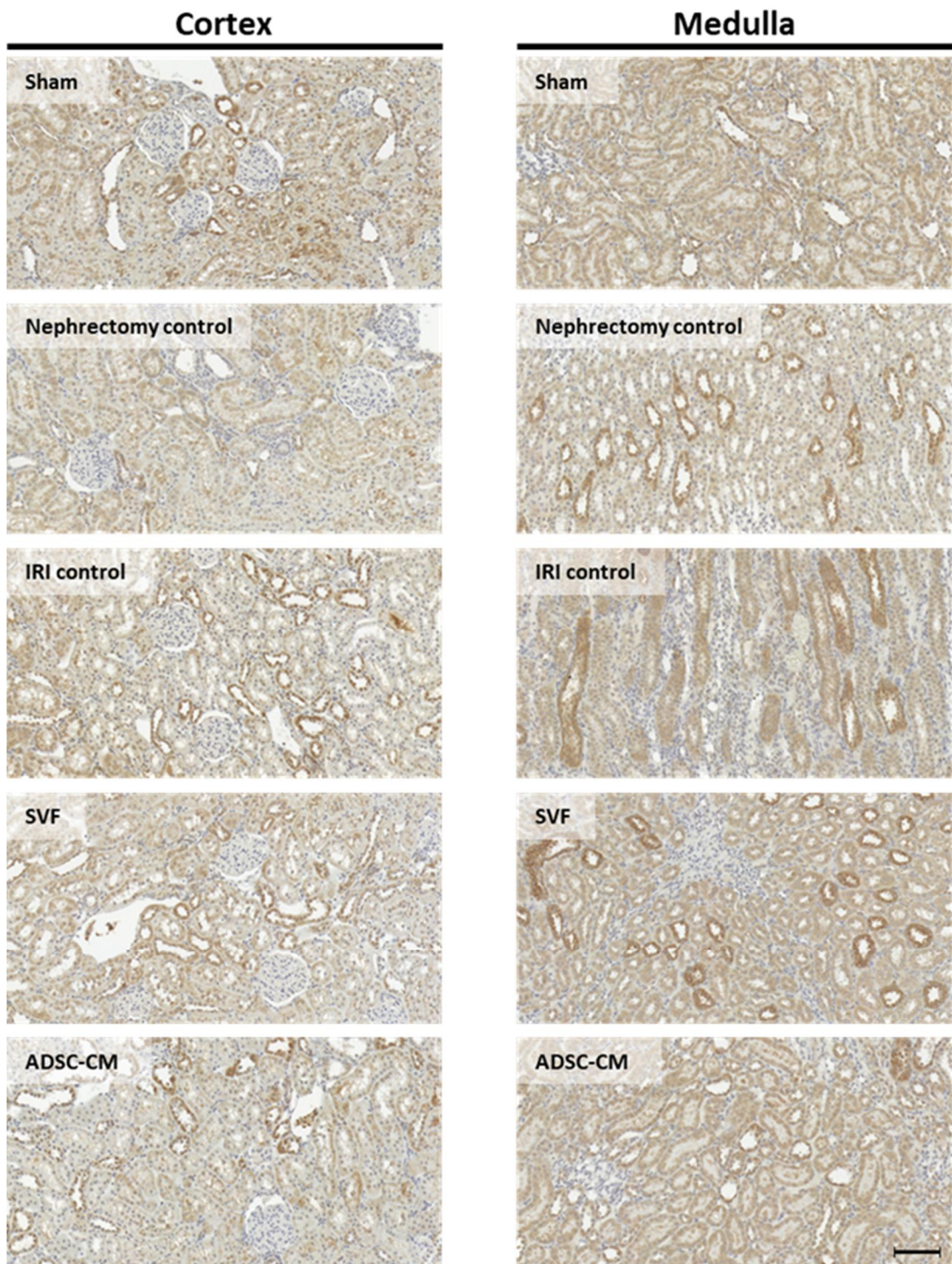


Figure 10. GR immunohistochemistry of kidney tissue. (A) Representative photomicrographs of cortex and medulla. (B) The ratio of GR-positive stained areas to the random cortex and medulla areas. Magnification  $\times 40$ . Scale bar  $50 \mu\text{m}$ . \*\*\*,  $p < 0.001$  compared with the IRI control group. †††,  $p < 0.001$  between the SVF and ADSC-CM groups. Four fields per rat, ten rats per group, but nine rats in the ADSC-CM group. Abbreviations: GR, glutathione reductase; IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

A.



B.

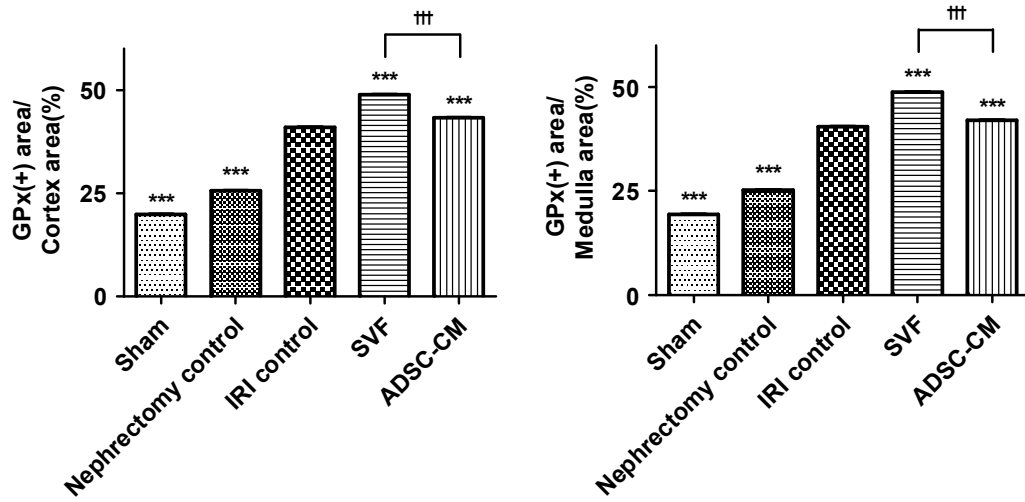


Figure 11. GPx immunohistochemistry of kidney tissues. (A) Representative photomicrographs of cortex and medulla. (B) The ratio of GPx-positive stained areas to random cortex and medulla areas. Magnification  $\times 40$ . Scale bar  $50 \mu\text{m}$ . \*\*\*,  $p < 0.001$  compared with the IRI control group. †††,  $p < 0.001$  between the SVF and ADSC-CM groups. Four fields per rat, ten rats per group, but nine rats in the ADSC-CM group. Abbreviations: GPx, glutathione peroxidase; IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

### **SVF Localization with CM-Dil**

Two weeks after injection, all treatment groups showed no CM-Dil-labeled SVF in the kidney (Figure 12).



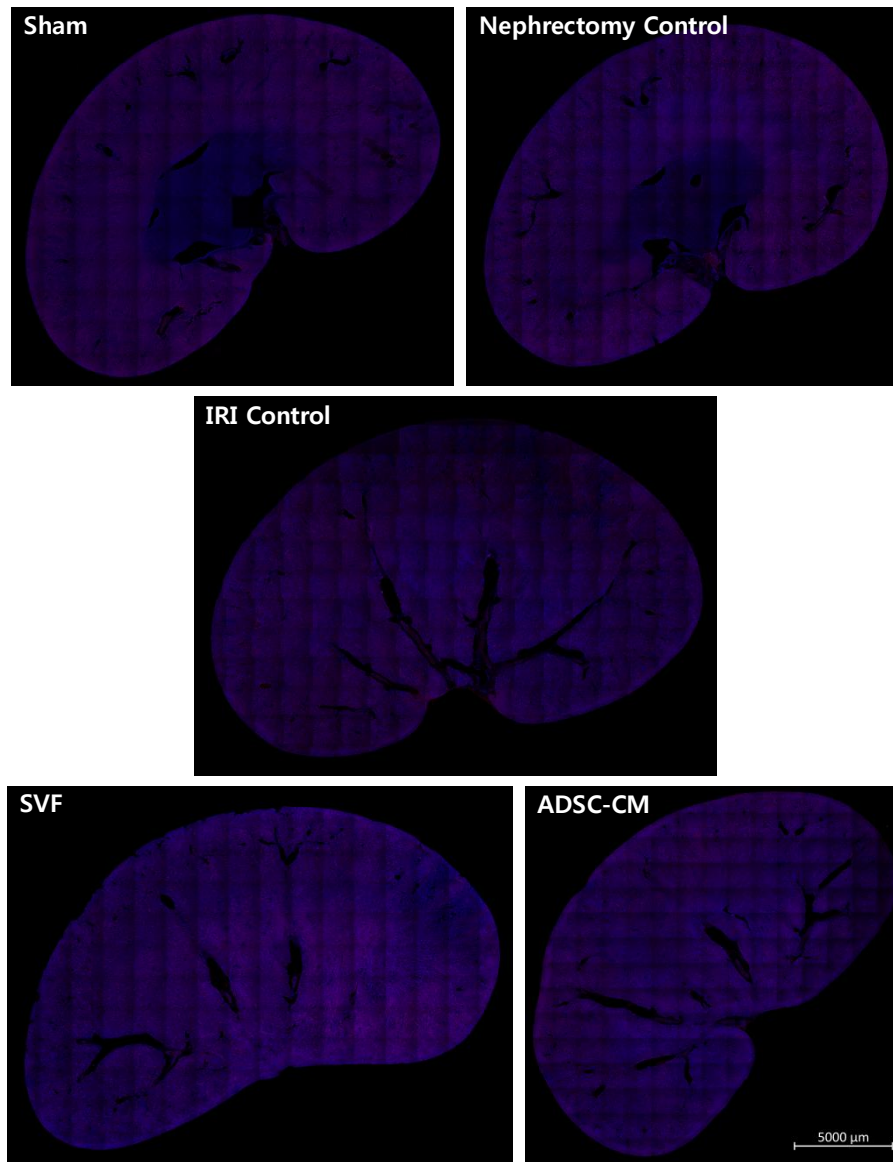


Figure 12. Determination of CM-DiI-labeled SVF. CM-DiI-labeled SVF was observed by a fluorescent microscope.

Abbreviations: IRI, ischemia-reperfusion injury; SVF, stromal vascular fraction; ADSC-CM, adipose-derived stem cell-conditioned medium.

## DISCUSSION

Preclinical and clinical studies have investigated the effects of MSC in the treatment of AKI.<sup>6,7)</sup> However, MSC treatment has several limitations, including tumorigenicity,<sup>8)</sup> microbiological contamination,<sup>9)</sup> putative profibrogenic potential,<sup>10)</sup> and heterogeneity and functional diversity.<sup>11)</sup> Preclinical studies using adipose tissue-derived SVF to treat AKI have increased because of the limitations in MSC treatments.<sup>12-16)</sup> However, SVF also has several limitations, including decreased cell viability during freezing and thawing, immune rejection when using allogeneic cells, and putative thrombogenic potential.<sup>18)</sup> In order to compensate for the shortcomings in cell-based therapies including MSC and SVF, CM therapy uses trophic factors and cytokines secreted from cells and has become increasingly attractive for the treatment of AKI.<sup>19)</sup> The CM which stem cells were cultured in contains many secretions called secretomes, microvesicles, or exosomes secreted from stem cells.<sup>35)</sup> Several preclinical studies have focused using stem cell-CM to treat AKI induced by cisplatin, renal IRI, and gentamicin.<sup>20-22)</sup> However, the studies comparing stem cells with their CM have questioned the effectiveness of stem cell-CM.<sup>23,25)</sup>

Meanwhile, various methods, including culture conditions, drugs, and external stimuli, have been studied to attain more of the valuable secretions from stem cells.<sup>26,35-40)</sup> One interesting method is stem cells cultured in hypoxic conditions and produces more angiogenic factors than in normoxic conditions.<sup>41-43)</sup> There are several methods to induce hypoxic culture conditions, including gas-controlled incubators, glove boxes, and biochemical induction of pseudo-hypoxic states.<sup>44)</sup> However, these methods require purchasing expensive equipment or treatment with drugs that must be removed later and cause cell damage. Several researchers have found that cells at the core of the spheroid are naturally exposed to mild hypoxia and limited nutrient diffusion.<sup>45)</sup> This method can induce hypoxic culture conditions cheaply and easily compared with other methods. The 3D Petri

Dish® is a natural, scaffold-free 3D spheroid culture system to maximize cell-to-cell interactions. We found that human BMSC spheroids cultured using the 3D Petri Dish® showed a marked increase in cytokine secretion compared with the secretions in a 2D culture.<sup>30)</sup>

We previously reported that renal function is effectively protected from renal IRI-induced AKI through renal parenchymal injections of SVF, which enhanced the anti-fibrotic, anti-apoptotic, and anti-oxidative effects.<sup>17)</sup> This led to this study comparing autologous SVF with ADSC-CM prepared using a 3D spheroid culture system and injecting via the renal parenchymal route to explore the effectiveness of treating renal IRI-induced AKI.

We found that renal parenchymal injections of ADSC-CM effectively restored renal function from renal IRI-induced AKI in terms of renal functions and histological examinations except histopathological scores. Moreover, ADSC-CM was superior to SVF in terms of serum BUN, creatinine, and CrCl until 4 days after IRI. However, the differences disappeared 7 days after IRI induction, and histological examinations showed more positive findings in the SVF group than in the ADSC-CM group.

Tarng et al.<sup>21)</sup> examined whether induced pluripotent stem cell (iPSC)-CM via intraperitoneal administration exhibited a systemic effect against renal IRI-induced AKI. They found that administration of iPSC-CM significantly improved renal function and survival rates in rats and protected tubular cells against apoptosis. The level of serum BUN and creatinine were significantly lower in iPSC-CM-treated rats than in normal control medium (NM)-treated rats 2 days after IRI. Similar to our study, no differences in serum BUN and creatinine levels were observed between the iPSC-CM- and NM-treated rats 7 days after IRI. Meanwhile, about 70% of PBS or NM-treated rats died within 7 days, whereas the mortality rate of iPSC-CM-treated rats was 30%. However, in our study, there was no mortality related to the AKI. The lack of mortality of our study might be attributed to our shorter clamping time of the renal artery than in their study (40 min vs. 45 min).

Similar reno-protective effects of stem cell-CM were also confirmed in other types of AKI models. Bi et al.<sup>20)</sup> found that mice with intraperitoneal administration of bone marrow-derived MSC (BMSC)-CM or ADSC-CM limited the renal injury, increased survival, and diminished tubular cell apoptosis after cisplatin injection. The levels of serum BUN were markedly improved in both BMSC-CM and ADSC-CM-treated mice on days 3 and 5 after cisplatin injection. Six of the 15 mice in the cisplatin control group had died by day 6, whereas no mice died in either CM-treated group. Abedi et al.<sup>22)</sup> found that intraperitoneal administration of human BMSC-CM in a gentamicin-induced AKI rat model showed relative improvement in some indicators of tissue injury. Although human BMSC-CM did not improve serum BUN and creatinine levels in all treatment groups, BMSC-CM injection one day before gentamicin injection diminished tissue damage. The authors assumed that the injection time of human BMSC-CM had a role in injury recovery. Similarly, our previous study found that injections 2 days before or concurrently with IRI had beneficial effects, whereas injections 2 days later did not have any benefit.<sup>31)</sup>

Meanwhile, some researchers have compared the effects of stem cells with their CM. Abouelkheir et al.<sup>24)</sup> compared the efficacy of subcapsular injections of BMSC with intraperitoneal injections of BMSC-CM in a model of cisplatin-induced AKI. Both BMSC and BMSC-CM equally ameliorated kidney function deteriorations, tubular cell apoptosis, and reduced interstitial fibrosis after 2 months. However, adipocytes and osteoblast-like cells were detected at the BMSC injection site. The authors concluded that BMSC-CM might be an acceptable alternative to BMSC therapy as it attained comparable efficacy without the development of unwanted cells.

However, other researchers have questioned the effectiveness of CM. Abd El Zaher F et al.<sup>21)</sup> compared the effect of intravenous injections of BMSC versus BMSC-CM in minimizing cisplatin-induced AKI damage. The BMSC injection showed noticeable improvement of renal structures with a significant increase in Proliferating Cell Nuclear

Antigen, but the BMSC-CM was less effective. Xing et al.<sup>23)</sup> investigated the therapeutic potential of BMSC and BMSC-CM intravenously administered 1 day after IRI-induced AKI and found that BMSC injections improved renal function and histological alterations, leading to significantly reduced mortality. Although BMSC-CM contained proangiogenic factors, including hepatocyte growth factor, vascular endothelial growth factor-A, and insulin-like growth factor-1, beneficial effects were not detected.

Unlike their study, our study demonstrated that ADSC-CM was superior to SVF in terms of serum BUN, creatinine, and CrCl in the early phase after renal IRI. There are possible explanations for the differences between the previous two studies and ours. First, in both studies, BMSC and BMSC-CM were injected intravenously.<sup>21,23)</sup> BMSC has a homing effect on the injured site; however, BMSC-CM does not display this property and may not effectively reach the injured site. In our study, the effective delivery to the injured site was possible by direct injection into the renal parenchyma. Second, ADSC-CM from our study may have contained more cytokines since we used a 3D spheroid culture system instead of a 2D culture system.<sup>26,30)</sup> Finally, small molecular weight cytokines in the ADSC-CM diffused more effectively in the renal parenchyma than the SVF composed of heterogeneous cells. This may explain why the differences between ADSC-CM and SVF disappeared 7 days after IRI.

Our study had some limitations. First, the exact composition of the SVF and ADSC-CM was not investigated. Second, the rats were followed for only 2 weeks. Longer studies are needed to determine whether SVF and ADSC-CM can prevent progression to chronic kidney disease. Zhou et al.<sup>46)</sup> reported that preischemic administration of SVF reduced serum creatinine levels 6 months after IRI-induced AKI, inhibited renal fibrosis, and slowed the progression of chronic kidney disease. Abouelkheir et al.<sup>24)</sup> reported that intraperitoneal injection of BMSC-CM reduced interstitial fibrosis 2 months after cisplatin-induced AKI. Third, the rats were only injected once with a fixed-dose applied concurrently with the

induction of IRI. As mentioned above, since ADSC-CM spreads quickly, there may be a need for repeated or divided dosing. However, ADSC-CM is suitable for repeated or divided dosing because, unlike SVF, it can be frozen without significantly compromising the cell viability. Lastly, there are reports that female rats were more resistant to IRI than male rats, which raises questions about whether the results from male-only studies can be equally applied to females.<sup>47)</sup> Nevertheless, the findings from our study suggest that ADSC-CM holds a promise as a safe therapeutic approach for the treatment of predictable injuries that might be induced by kidney surgeries and avoid the various adverse effects of cell-based therapy.

## **CONCLUSIONS**

Our study suggests that renal function is effectively rescued after IRI through renal parenchymal injections of ADSC-CM by enhanced anti-fibrotic, anti-apoptotic, and anti-oxidative effects. The ADSC-CM was superior to SVF in terms of serum BUN, creatinine, and CrCl in the early phase after renal IRI, but the difference disappeared 7 days after IRI.

## **ACKNOWLEDGEMENTS**

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## KOREAN ABSTRACT

### 신장의 허혈-재관류 손상 랫트 모델에서 줄기세포 조정배지와 기질혈관분 획 치료의 비교 연구

세포 기반 요법의 다양한 부작용을 피하기 위해 조정배지 요법이 대두되고 있다. 여러 연구에서 다양한 급성 신손상 모델의 치료에 줄기세포 조정배지의 사용에 관심을 가졌다. 그러나 급성 신손상에서 세포 기반 요법과 조정배지 요법의 효과를 비교한 연구는 거의 없다. 따라서, 우리는 허혈-재관류 손상으로 유도된 급성 신손상 랫트 모델에서 자가 기질혈관분획과 3 차원 배양 시스템으로 획득한 지방유래 줄기세포 조정배지가 신기능에 미치는 영향을 비교하였다.

50 마리의 수컷 Sprague-Dawley 랫트를 무작위로 5 개군으로 나누었다: 거짓수술군, 신절제 대조군, 허혈-재관류 손상 대조군, 기질혈관분획군, 지방유래 줄기세포 조정배지군. 기질혈관분획과 지방유래 줄기세포는 각각 랫트의 고환 주위 지방을 이용하여 분리 및 배양하였다. 지방유래 줄기세포 조정배지는 3 차원 배양 시스템을 사용하여 획득하였다. 허혈-재관류 손상 대조군, 기질혈관분획군 및 지방유래 줄기세포 조정배지군에서 비히클, 기질혈관분획 및 지방유래 줄기세포 조정배지를 각각 신실질에 주입하였다. 허혈-재관류 손상 전 28 일과 손상 후 1, 2, 3, 4, 7, 14 일에 신기능을 평가하였으며, 손상 후 14 일째에 랫트를 희생시킨 후 조직학적 검사를 위해 신장 조직을 채취하였다.



지방유래 줄기세포 조정배지의 신실질 주사는 허혈-재관류 손상 후 1, 2, 3, 4 일째에 허혈-재관류 손상 대조군에 비해 혈청 혈액요소질소 상승 수준을 유의하게 감소시켰다. 혈청 혈액요소질소 수치는 손상 후 1 일과 4 일에 기질혈관분획군보다 지방유래 줄기세포 조정배지군에서 유의하게 낮았다. 지방유래 줄기세포 조정배지의 신실질 주사는 손상 후 1, 2, 3, 4 일째에 허혈-재관류 손상 대조군에 비해 혈청 크레아티닌 상승 수준을 유의하게 감소시켰다. 혈청 크레아티닌 수치는 손상 4 일 후 지방유래 줄기세포 조정배지군이 기질혈관분획군보다 유의하게 낮았다. 지방유래 줄기세포 조정배지의 신실질 주사는 손상 1 일 후 허혈-재관류 손상 대조군에 비해 사구체여과율 감소 수준을 유의하게 감소시켰다. 사구체여과율은 손상 1 일 후 기질혈관분획군보다 지방유래 줄기세포 조정배지군에서 유의하게 더 높았다. 또한 콜라겐 함량은 피질과 수질 모두에서 허혈-재관류 손상 대조군보다 기질혈관분획 및 지방유래 줄기세포 조정배지군에서 유의하게 낮았다. 허혈-재관류 손상 대조군에 비해 기질혈관분획군과 지방유래 줄기세포 조정배지군에서 세포사멸은 피질과 수질 모두에서 유의하게 감소하였고, 세포증식은 유의하게 증가하였다. 글루타티온 환원효소, 글루타티온 퍼옥시다제와 같은 항산화 표지자의 발현은 피질과 수질 모두에서 허혈-재관류 손상 대조군보다 기질혈관분획군과 지방유래 줄기세포 조정배지군에서 더 높았다.

지방유래 줄기세포 조정배지의 신실질 주입은 향상된 항섬유화, 항세포사멸 및 항산화 효과를 통해 신장 허혈-재관류 손상으로부터 신기능을 효과적으로 보호한다. 지방유래 줄기세포 조정배지는 신장 허혈-재관류 손상 후 초기에 혈청 혈액요소질소, 혈청 크레아티닌, 사구체여과율 측면에서 기질혈관분획보다 우월했으나, 손상 7 일 이후에 그 차이가 사라졌다.